# CHARTING the LifeCourse 🔼 ਘ 🚺













## LifeCourse Integrated STAR: Supported Decision-Making

When a person turns 18, they are presumed competent to make decisions about their life. Sometimes, a person might need help making decisions and staying safe. This star shows some of the ways people can be supported to be safe and secure while living an inclusive community life.

# **Technology**

### **Personal Strengths & Assets**

#### Relationships

#### **Decision Making:**

Ability to communicate wants, needs, and wishes (traditional, sign, gesture, communication device)

#### Money Management:

Understands concept of money

#### Personal Safety:

- Knows address, phone, other contacts
- Carries ID
- Disaster or Emergency Plan
- Ready bag for emergencies

**Safety & Security:** 

**Supported** 

**Decision-Making** 

#### **Decision Making Supports**

- Personal Contract or Agency Agreement
- Power of Attorney General
- Power of Attorney for Health Care
- Supported (Shared) **Decision Making**

#### Money Management

• Joint Bank Account

#### Personal Safety

Close Family & Friends

# Personal Safety

**Decision Making** 

Smart Phone

Telephone

Online Banking

Computer

Debit Card

Money Management

- GPS Enabled Device
- Personal Safety Device
- Remote Monitoring
- Computer or Electronic locks

### **Decision Making**

- Medical Advisors (Doctor, Nurse)
- Clergy or Life Coach
- **Financial Advisors**
- Educational Advisors (Teacher, Counselor)

#### Money Management:

- Limited Bank Account
- Direct Deposit
- Automatic Bill Pay

#### Personal Safety

- Neighbors
- Police
- Fire
- **Emergency Medical Responders**

### **Community Based**

#### **Decision Making**

- Service Coordinator
- Plenary or Limited Guardianship

#### Money Management

- Representative Payee for SSI, SSDI, VA or other
- Supplemental Special Needs Trust

#### Personal Safety

- Personal Care Attendant/Direct Care Worker
- **Adult Protective Services**

**Eligibility Specific**